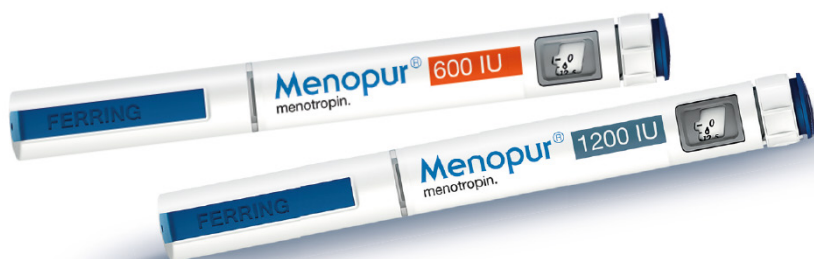




Menopur[®]
menotropin



PATIENT GUIDE

Menopur[®] solution for injection in pre-filled pen

For those prescribed Menopur® by their doctor

This patient guide contains information about Menopur pre-filled pens, as well as step-by-step instructions on how to prepare and use the pen correctly.

If you have any questions on the use of Menopur, please contact your healthcare provider (doctor or nurse).

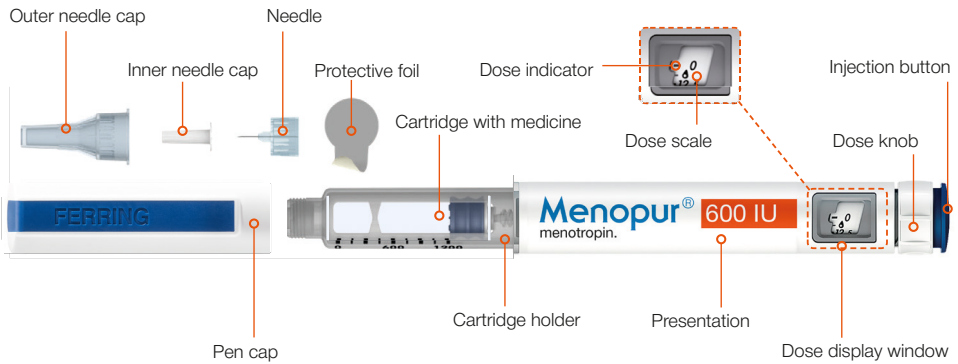
Before your first injection, your healthcare provider will provide you with instructions on how to use the Menopur pre-filled pen.

Read the package leaflet and the Instructions for use supplied in the pack carefully before using your Menopur pre-filled pen for the first time.

Important information about storage/use

- Do not freeze.
- **Before use, store the pen in a refrigerator** (2 °C to 8 °C).
- After first use, use the pen within 28 days and store it below 25 °C.
- **Use a new single-use needle for each injection.**
- Always store the pen with the pen cap on and without a needle attached.
- Do not use the pen after the expiration date (EXP) printed on the pen label. The expiration date is the last day of the month of expiration.
- Do not store the pen in direct sunlight or at very high or low temperatures, such as in a car or freezer.
- Store the pen out of the sight and reach of children.

Menopur® pre-filled pen and its parts



Menopur pre-filled pens are available in two different presentations (number of international units (IU)):

- 600 IU
- 1200 IU

On the following pages you will find step-by-step instructions on how to use Menopur pre-filled pens. (You can also find a detailed description in the Instructions for Use supplied in the pack).



You can also watch an instructional video, which you will find on the following website (or by scanning the QR code below).

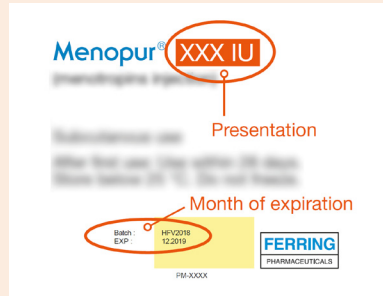
www.medicininstruktion.dk/ferring/menopur



Step-by-step instructions for using Menopur® pre-filled pens

Before use

- Wash your hands.
- Make sure you have the right Menopur pre-filled pen with the correct number of units (IU), as prescribed by your doctor.
- Check the expiration date.



Preparing the pen for injection

- Always use a new needle for each injection.
- Only use the single-use needles supplied with the pen.

1. Remove the pen cap.

Check that the pen is not damaged.

Also check the medicine: the solution should be clear and not contain any particles. Do NOT use the pen if it is damaged or if the solution in the cartridge is cloudy/contains particles.

2. Remove the protective foil from the needle.

3. Click the needle firmly onto the pen.

You should hear or feel a click when the needle is securely attached.

4. Remove the outer needle cap.

Do not discard the outer needle cap, as you will need it again later

(see the section “Disposal of needle” on page 7).


5. Remove the inner needle cap and dispose of it.



Remove air bubbles

- Before using the pen for the first time, you need to remove air bubbles from the cartridge to ensure you receive the correct dose.
- **You only have to remove air bubbles the first time you use the pen.** If you have already used the pen, go directly to the section “Setting the dose” on the next page.



1. Turn the dose knob clockwise until a droplet symbol  lines up with the dose indicator. You can adjust the dose (up or down) without loss of medicine.



2. Hold the pen with the needle pointing upwards.
3. Tap the cartridge with your finger a few times so any air bubbles in the cartridge rise to the top of it.



4. With the needle still pointing upwards (away from your face), press the injection button all the way in until you see the number '0' line up with the dose indicator. You should now see a drop of liquid appear at the tip of the needle.

If no drop appears:

Repeat the procedure from Step 1 until you see a drop appear.

Setting the dose

1. Turn the dose knob clockwise until the prescribed dose lines up with the dose indicator in the dose display window.

To make it easier to use the pen, you should hear a clicking sound when turning the dose knob.



- The dose can be adjusted (up or down), without loss of medicine, by turning the dose knob in one direction or the other until the correct dose lines up with the dose indicator.
- **Do NOT press the injection button when setting the dose.** If you do, it may result in loss of medicine.

Split dose

- If you are not able to set your full dose, this means there is not enough medicine left in the pen you are currently using.
- You may therefore have to use a new pen to administer the full prescribed dose. This means you will need to give a split-dose injection – see below for examples of how to do this.

A Prescribed dose 112.5	B Dose left in the pen you are currently using (shown at dose indicator in dose display window) 75	C = A minus B Dose to inject with a NEW pen 37.5
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See also pages 22-23 in the Instructions for Use supplied in the pack!

Injecting the dose

1. Hold the pen so that the dose display window is visible during injection.
2. Pinching your skin in the **stomach area (abdomen)**, insert the needle straight into the skin (as shown by your healthcare provider). **Use a new injection site for each injection. Do NOT touch the injection button yet.**



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3. After the needle is inserted, place your thumb on the injection button.
4. Press the injection button all the way in and **hold it there**.
5. Keep the injection button pressed in, and when you see the number '0' line up with the dose indicator, **wait for 8 seconds** (count to 8 slowly) before releasing the button.
6. Now remove the needle from the injection site by slowly pulling it straight out of the skin.

Disposal of needle

1. Carefully replace the outer needle cap over the used needle, with a firm push.
2. Remove the needle from the pen by turning the needle counter-clockwise until it releases.
3. Dispose of the used needle.



Put the used needle in a sharps disposal container immediately after use.

Approved sharps disposal containers are available from pharmacies. (Until you get one, you can use a container made of heavy-duty plastic with a tight-fitting lid.) Ask your pharmacist about the right way to dispose of needles and Menopur pre-filled pens.

Remember:

- Always remove the needle after every use and dispose of it. Then replace the pen cap on the pen to protect it between injections.
- The needles are for single-use only.

Menopur – SAFETY Information

Do not use Menopur

- if you are allergic to menotropin or any of the other ingredients of Menopur
- if you have cancer of the womb (uterus), ovaries, breasts, or parts of the brain such as the pituitary gland or hypothalamus
- if you have cysts (sacs of fluid) on your ovaries or enlarged ovaries (unless this is caused by polycystic ovarysyndrome, PCOS, which is a type of endocrine disorder in women)
- if you have any physical problems with the womb or other sexual organs - if you have bleeding from the vagina for an unknown reason
- if you have fibroids (non-cancerous growths) in the womb
- if you are pregnant or breast-feeding
- if you are having an early menopause.

Warnings and precautions/Contact your doctor

- if you experience abdominal pain
- if your abdomen becomes bloated (your tummy feels bloated)
- if you feel sick
- if you vomit
- if you have diarrhoea
- if you put on weight
- if you have difficulty breathing
- if you need to pass water less often.

Tell your doctor straight away if you experience any of the above symptoms, even if they develop a few days after your last injection. These can be signs of increased activity in the ovaries, which might become severe.

(Continues on the inside)

(Continued from the front)

If this happens, your doctor will stop your fertility treatment and you will be treated in hospital. Keeping to the recommended dose and careful monitoring of your treatment will reduce the risk of you developing these symptoms.

The following common side effects affect between 1 and 10 patients treated per 100:

- Abdominal pain
- Headache
- Nausea
- Swollen abdomen (tummy feels bloated)
- Pelvic pain
- Overstimulation of the ovaries leading to increased activity (OHSS)
- Injection site reactions (such as pain, redness, bruising, swelling and/or itching).

For more information about the product, please refer to the package leaflet.

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